Lecture 15: The Regress Argument

I. Doxastic vs. Propositional Justification

There are two importantly different ways in which we talk about justification in the realm of belief:

- “S is justified in believing P.”
- “Believing P is justified for S.”
- “S has a justification for believing P.”
- “S’s belief in P is justified.”
- “S’s belief in P is well founded.”
- “S justifiably believes P.”

The sentences in the left-hand column are compatible with S not believing P, and they are compatible with S believing P but for terrible reasons. The sentences in the right-hand column, on the other hand, imply both that S believes P and that S does so for the right reasons.

Let us call the sort of justification picked out by the sentences in the left-hand column “propositional justification.” The object of assessment here is a proposition, which may or may not be believed by the subject in question.

Let us call the sort of justification picked out by the sentences in the right-hand column “doxastic justification.” (“Doxastic” means “pertaining to belief.”) The object of assessment here is a belief.

Some authors think beliefs can be morally justified, prudentially justified, aesthetically justified, and so on in addition to being epistemically justified (i.e., justified in that distinctive way which is relevant to knowledge). I will usually drop the “epistemically” qualifier unless it matters.

II. Mediate vs. Immediate Justification

Some of our beliefs are (doxastically) justified because they are supported by other beliefs that we have. However, in order for these further beliefs to provide the right sort of support, it seems that they themselves must be justified. Which raises the question: if we trace back the chain of support for any one belief, where (if at all) does it ever stop?

Let us distinguish between two types of (doxastically) justified beliefs:

- S’s belief in P is mediate (or inferentially justified) iff S’s belief in P is justified, and its justification depends in part on the justification that S has for some other belief she holds.
- S’s belief in P is immediate (or non-inferentially justified) iff S’s belief in P is justified, and its justification does not depend on the justification that S has for any other of her beliefs.

Often immediately justified beliefs are also called basic beliefs, but it is important to remember that basic beliefs are a type of justified belief, not merely a type of belief.

What does it mean for S’s justified belief in P to depend on (or be based on) other justified beliefs that S has? At least the following must hold:

(i) S justifiably believes each member of \( \{Q_1, Q_2, \ldots Q_n\} \).
(ii) P follows from \( \{Q_1, Q_2, \ldots Q_n\} \) by means of a valid deductive, inductive, or abductive inference.
(iii) S believes P because S believes each member of \( \{Q_1, Q_2, \ldots Q_n\} \) and (ii) holds.

Several clarifications:

- One can have a mediate justified belief without explicitly rehearsing any inference in one’s mind.
- The contrast between mediate and immediate justification concerns the source of one’s justification, not its strength.
III. Formulating the Regress Argument

Let us make two simplifying assumptions:

1. Let us assume that there is no justificatory overdetermination: that no belief is justified in several ways, each of which would suffice to make it justified.

2. For each mediately justified belief, let us assume that its justification is derived from the justification of a single (possibly conjunctive) belief.

(So instead of saying that my belief in \( P \) depends for its justification on my belief in \( Q_1 \) and on my belief in \( Q_2 \), we’ll say that my belief in \( P \) depends for its justification on my single belief in \( Q_1 \& Q_2 \).)

With these simplifications in place, we can define a given justified belief’s chain of support as follows:

The chain of support for S’s justified belief in \( P \) is a (possibly infinite) sequence of beliefs held by S such that: (a) S’s belief in \( P \) is the first member of that sequence, and (b) for each member of the sequence, if that member is mediately justified, then the next member of the sequence is the single belief on which its justification is based.

Note: an immediately justified belief will have a one-member chain of support consisting of only that belief.

According to foundationalism, every justified belief ultimately rests on a foundation of immediately justified beliefs. The most famous argument for foundationalism runs as follows:

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<thead>
<tr>
<th>the regress argument for foundationalism:</th>
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<tr>
<td>1. If S’s belief in ( P ) is justified, then either</td>
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<td>a. the belief’s chain of support terminates in an immediately justified belief, or</td>
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<td>b. the belief’s chain of support terminates in an unjustified belief, or</td>
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<td>c. the belief’s chain of support eventually circles back on itself, or</td>
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<td>d. the belief’s chain of support consists in an infinite regress of distinct mediately</td>
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<td>justified beliefs. [premise]</td>
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<td>2. No justified belief can be based on a chain of support that terminates in an unjustified belief. [premise]</td>
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<td>3. No justified belief can be based on a chain of support that circles back on itself. [premise]</td>
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<td>4. No justified belief can be based on a chain of support that involves an infinite regress of distinct mediately justified beliefs. [premise]</td>
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<td>5. Therefore, if S’s belief in ( P ) is justified, then the belief’s chain of support terminates in an immediately justified belief. [follows from 1, 2, 3, 4]</td>
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Foundationalists accept this argument’s conclusion: they hold that there are immediately justified beliefs, and that every other belief depends for its justification on its inferential relations to immediately justified beliefs.

Linear coherentists deny premise 3: they hold that a chain of support for a belief can loop back on itself without undermining the justificatory support provided by that chain.

Infinitists deny premise 4: they hold that the regress of support for a justified belief goes on indefinitely.

Skeptics add an additional premise according to which there are no immediately justified beliefs, and then conclude that no belief is justified.

One can also hold a mixed view according to which some kinds of beliefs can have a chain of support of one variety, and other kinds of beliefs can have a chain of support of another variety.